

Sokol Naperville Tyrs Current Gymnastics Class Procedures 9-1-2021

- **All persons must wear facial masks while in the building.**
- **Parent or designated adult must accompany the gymnasts ages 12 and under into the gym and also pick them up in the gym at the end of class.**
- **No adults may stay to view class as the high school wants to minimize the number of people in an area.**
- **All girls should have and wear leotard with shorts.**
- **All boys should wear shorts with t shirt.**
- **All gymnasts with long hair should have it securely tied back prior to the start of class.**
- **All gymnasts must have their own filled water bottle with their name clearly on it.**
- **Gymnast 12 and up will have their own chalk and should bring it to class every week.**

Sokol Naperville Tyrs is looking to expand our coaching staff. We are currently interviewing potential coaches and assistants (minimum age for assistants is 16). If you know of anyone interested please advise us.

Questions? Ask Lynda 630 240 1873